



Spiritual Formation and Retreats for Adults

This program provides participants with an experiential and practical opportunity to develop their capacity to plan and facilitate retreats or other spiritual formation experiences for adults.

You will learn about

- psycho-spiritual formation
- various forms of retreats
- practices that nurture spiritual formation.

The course style is interactive and participatory, balancing theory and practice. Participants will be encouraged to share their wisdom and experience with the group as they reflect on and explore course content.

Duration: Three day intensive plus four teleclasses.

June 15, Friday: 6.00pm–9.30pm

June 16, Saturday: 9.00am–9.30pm

June 17, Sunday: 9.00am–1.00pm

Teleclasses: Four sessions, times negotiated with the participants.

Location:

St Joseph's Centre for Reflective Living,
64 MacKillop Drive, Baulkham Hills NSW 2153

Costs:

Full board, single room with ensuite and tuition: \$1225.
Non residential, most meals and tuition: \$1010.

Intended audience: Chaplains and Mission Directors of Catholic parishes, schools, hospitals and other agencies.

Catholic educators and coordinators with an interest in or a responsibility for spiritual formation.

Status of the program: Arrangements for credit at Masters level are under negotiation with Australian Catholic University. Participants who wish to claim credit must be present for the full program, hold a first degree and complete two assessment tasks that relate to a relevant work or ministry.

Enrolment: To reserve your place in the program, please email;

admin@futurematters.net.au

Note that the size of the cohort will be limited to guarantee the provision of reflective and creative processes.

Presenters: Andrea Dean, Christine Carlton.



Andrea Dean is an experienced educator with a special interest and expertise in spiritual formation. In her business, Future Matters, she works in various ways to enable people to live their lives to the full.

www.futurematters.net.au



Christine Carlton is a gifted storyteller and facilitator. She has presented hundreds of spirituality days for adults, youth and children. Her focus is on enabling people to explore possibilities for their own creativity and to gain insight and direction for their lives and their communities.